## Beechwood Primary Academy Weekly Newsletter

"Living, learning and thriving"





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Please follow us on the Discovery Multi Academy Trust Facebook page

## 14th February 2020

#### TRIP TO THE BOURNEMOUTH SYMPHONY ORCHESTRA



Last week, a group of children attended a performance at Plymouth Guild Hall to see Bournemouth Symphony Orchestra. They were also given the opportunity to meet the orchestra before the show and learn more about how difficult it is to run an orchestra!

At the end of the performance, they were able to meet the female conductor which was very inspirational. This was an evening performance and all of the children involved were an asset to our school – they demonstrated fantastic behaviour throughout the event!

"I enjoyed the performance because I knew that hundreds of hours of effort had gone into it" – *Mieszko*, *Year 5*.

"I thought it was really nice and calming and made me want to listen to more classical music at home" – Amber, Yr 5.

"I liked meeting the conductor because it was nice to meet a woman conductor" – Annabelle, Year 5.

"I really liked asking questions and about orchestra life and what they do. My favourite sound came from the piano" – *Maddison, Year 3.* 

Dear Mrs Evans,

My wife and I attended the concert at Plymouth Guildhall last evening with the Bournemouth Symphony Orchestra and found ourselves seated next to your school party.

We just wanted to let you know what a credit they were to your school. It was lovely to see the youngsters so engaged with the music and hope you are very proud of them and the dedicated staff who brought them.

Best wishes
Mr and Mrs Dalrymple

#### **MAGIC BREAKFAST**

The Magic Breakfast helpers using their new baskets to deliver the bagels to children this week.



#### **WELL DONE!**

Olivia from Archimedes class has been working super hard to earn Class Dojo points for a range of learning behaviours.

She now has 100 and can wear mufti for a day!

Well done Olivia - you are an excellent role model for great learning.



#### **DIARY DATES**

(These dates may be subject to change)

#### 2019/2020

Mon 17th Feb to Fri 21st Feb - HALF TERM Thurs 5th Mar World Book Day

Fri 6th Mar Archimedes (Yr 1) Class Assembly

Fri 13th Mar EYFS Stage Assembly

Fri 27th Mar Mufti - Buddies

Fri 27th Mar Easter Assembly - 9.15am

Mon 30th Mar to Mon 13th April - EASTER BREAK

Wed 15th Apr Class Photographs

Fri 24th April Yr 1 Joint Class Assembly Yr 5 Joint Class Assembly

Mon 4th May Non Pupil Day

Fri 8th May VE Day Bank Holiday

Sun 17th May Plymouth Half Marathon Challenge

Mon 25th May to Fri 29th May - HALF TERM Thurs 23rd July Summer Holidays Begin

#### 2020/2021

Thurs 3rd Sept Non Pupil Day
Fri 4th Sept Non Pupil Day
Mon 7th Sept Return to School

Mon 26th Oct to Fri 30th Oct - HALF TERM

Fri 27th Nov Non Pupil Day Fri 18th Dec Last Day of Term

#### **BEECHWOOD BUDDIES**



DISCO Thurs 16th April 4.15pm to 5.30pm

#### **PAYMENTS REMINDER**

All lunches and breakfast club need to be paid for in advance. Please keep your child's Parent Pay account topped up ready for the next Half Term.

Please let the office know if you require a bar code letter to enable Paypoint payment. Thank you.

#### **ATTENDANCE**

The expected average percentage attendance for a child is 96%. Please see below the attendance for week beginning **3rd February 2020**.

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#### **COFFEE AND SUPPORT GROUP**

Thursday 27th Feb 9am - 10am Home Start 9am - 10am PIAS Thursday 12th March Wed 18th March 10am - 2pm Cerebra Sleep Thurs 26th March 9am - 10am Friends & Familty 9am - 10am Thursday 23rd April Money Advice 9am - 10am Thursday 7th May FSA

Please wait by the black gate outside the Dining Hall to sign in.

Please telephone Jenny Oliver for further information.



#### SCHOOL FENCING

Due to the recent high winds, we have lost some of our fencing around the school perimeter.. We are presently awaiting the outcome of a funding bid to renew all of the fencing. In the meantime, please encourage your children to keep to the paths.

Keeping our children safe!



#### EAT THEM TO DEFEAT THEM

Each Monday after Half Term, children who have school dinners will be able to try different vegetables with their school meals.

They will be awarded with a sticker for each vegetable that they have tried, and will be able to able to collect their stickers in a booklet and activity pack.



For upcoming events for the Plymouth Schools Sports Partnership or to read some of our blogs, please visit <a href="www.yourschoolgames.com">www.yourschoolgames.com</a> and search for our school. <a href="https://www.plymouthssp.co.uk/">https://www.plymouthssp.co.uk/</a>





We did not have any suggestions in the ideas and suggestions box this week.



Have a great Half Term Mrs Evans - Head of School

# Children's Mental Health Week

### Be Mindful

Mindfulness means
noticing what is happening
right now. What can you
see? What can you hear? How
does your body feel? What
are you thinking? Take
time throughout the
day to notice what
is happening in the
moment.

Talk about It!

How are you feeling today? Whether it's a good or a not-so-good feeling, take time to tell someone close to you. It isn't always easy to describe how you feel but it can help to talk about it.

Healthy Body,
Healthy Mind
Physical activity, getting
enough rest and eating
a balanced diet all help
to keep your mind healthy
as well as your body.

We Are All Unique

Remember - you are one of a kind. No one in the whole world is the same as you. Think of three things that make you special.

Make Time
for Fun
Playing and
spending time doing
hobbies you really enjoy is
a great way to keep your
mind healthy and
happy!

Be Kind
Being kind and
taking care of your
friends and loved ones
helps them to feel happy,
and can make you feel
happier too!

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Ask for Help
We don't have to
feel happy all the
time. It's ok to feel sad.
If you ever need someone
to talk to, tell a trusted
adult like your parent or
carer, or grown-up at
school.