## Beechwood Primary Academy Weekly Newsletter

"Living, learning and thriving"





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Please follow us on the Discovery Multi Academy Trust Facebook page

### 4th December 2020

#### **BARVEMBER MATHS CHALLENGE!**



Huge congratulations to Dazzle Class for winning this year's Barvember Maths Challenge. Classes had to compete against each other to complete the most maths problems in the month of November involving bar models. Well done!



Also a very well done to Memory Class who were this year's runners up.





#### **CLASS DOJO POINTS**

Well done to Olly S who has been awarded 75 Class Dojos for excellent learning.

His reward is to learn about a topic of his choice. Olly has chosen WWII and will hopefully enjoy learning about morse code later this week.

Well done!



#### **DIARY DATES**

(These dates may be subject to change)



#### 2020/2021

Wed 16th Dec Christmas Lunch -

Nursery/Rec/Yr1/Yr3/Yr4

Thurs 17th Dec Christmas Lunch - Yr2/Yr5/Yr6

Fri 18th Dec Christmas Jumper Mufti

Fri 18th Dec Last Day of Term

Mon 21st Dec to Fri 1st Jan - CHRISTMAS BREAK

Mon 15th Feb to Fri 19th Feb - HALF TERM

Mon 22nd Feb Non Pupil Day Thurs 1st April Non Pupil Day

Fri 2nd April to Fri 16th April - EASTER BREAK

Mon 3rd May Bank Holiday

Mon 31st May Fri 4th June - HALF TERM

Mon 26th July to Tues 7th Sept - SUMMER BREAK

#### **FLU VACCINATION**

Please ring the number below if your child missed the flu vaccination. Thank you.

0300 247 0082



#### SCHOOL ADMISSIONS

Please be reminded that applications for Primary School Admission places are now open. Applications need to be completed by **Friday 15th January 2021**. Please see more information on:-

primary.admissions@plymouth.gov.uk



#### **CHRISTMAS LUNCH**



Please ensure your child's Parent Pay lunch account is topped up if they are in Year 3 to Year 6. All meals need to be paid for in advance.

Children in receipt of Universal Free School Meals (Rec/Yr1/Yr2) and if you are in receipt of Free School Meals do not need to pay.

Thank you.

#### **PTFA MUFTI**

Thank you for your kind donations last week. £230.67 was raised towards the P.T.F.A. funds. Thank you.

#### **POLITE REMINDER**

Could we please remind parents/carers to follow social distancing whilst on the school grounds and to stay behind the red lines outside of the POD doors. This is to ensure that children, staff and parents are kept safe and we can abide by the 2m distancing rule.

We also request that only one parents/carer enters the grounds to drop off children and to please wear face coverings.

Thank you to everyone who are following these guidelines and being prompt dropping children off at the doors reducing congestion on the school grounds. Thank you.



Using these metaphors (written by the NSPCC) can boost our understanding of child development and increase support for ensuring children and young people have healthy development and grow up in supportive and loving families and communities.

**Toxic Stress** - Toxic Stress happens when a child experiences severe and on-going stress – like extreme poverty, abuse or violence in the community – without consistent supportive relationships. Here's a video to illustrate the metaphor:



https://www.youtube.com/watch?v=YFarEj1sGA&list=PLqA6Q-vvA4sNtS7AOONhiXoNsHIAhTBJG&index=2&t=0s

Have a great Weekend! Mrs Evans - Head of School

#### **COVID-19 INFORMATION PAGE**





BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as possible.





#### Catch it! Bin it! Kill it!

We are entering the cold and flu season and with the current situation regarding Covid 19, it is even more important that children remember the Catch it! Bin It! Kill it! routine.

This, along with regular handwashing throughout the day is a vital way to reduce the transmission of infection, not only for Covid but also colds and flu during these challenging times.

Please reinforce the Catch it! Bin It! Kill it! routine with your children at home.

Thank you.



#### If your child has:

a high temperature a new, continuous cough, or a loss of, or change in, sense of smell or taste

This could be a sign of coronavirus

**Book a test** 

If your child has: a runny nose, is sneezing or feeling unwell But they don't have:

a high temperature a new, continuous cough, or a loss of, or change in, sense of smell or taste

These are not normally symptoms of coronavirus

Seek advice from a pharmacy, dial 111 or see your GP

#### **NHS APP**

The new NHS Covid19 app is now available to download.

This app is available for anyone **aged 16 years and above**. Please follow the link for further information.

https://covid19.nhs.uk/pdf/introducing-the-app.pdf

#### **DFE HELPLINE FOR EDUCATION**

The DfE have set up a helpline for Education advice regarding the Covid-19 virus for staff and parents.

Phone: 0800 046 8687

Email: DfE.coronavirushelpline@education.gov.uk

Opening hours: 8am to 6pm (Monday to Friday)

#### **COVID TESTING - CALL 119**

If parents or carers are unable to book a local Covid test slot, then they can use the email below explaining that the test is for a child attending a Plymouth school. The CCG team will triage those families with children and adults with symptoms and book them in for a test and provide information on how to get to the site. A priority is given to key worker parents, to help support the local key worker workforce and get staff back to work.

d-ccg.cornwalldevon.urgenttesting@nhs.net

# IMPORTANT INFORMATION FOR HOME SCHOOLING DURING ISOLATION OR QUARANTINE



For children who are self-isolating or quarantining, we are pleased to direct you to the following link for Home Learning:-

https://www.bbc.co.uk/bitesize/articles/zknj4xs

Please click on the appropriate year group and you can access lots of activities for your child. Your child's teacher will also be in contact on eSchools or tapestry and they will be happy to answer any questions or respond to messages relating to Home Learning.

If you require any information about logging into eSchools or Tapestry, or any information about your child's learning while they are away from school, please do not hesitate to contact the school office who can make sure your query is directed to the teacher. Thank you.



Smart devices promise to make our lives easier. In many cases - they do, however these new technologies present risks too. Whether you're using a digital assistant to record your shopping list or you're controlling your lights through a smart system, many smart functions can be 'hacked' and controlled by someone outside your home. This guide will help you identify some of the ways you can stay alert and protect yourself.



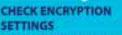
#### KNOW THE RISKS

The success of any smart device relies on it communicating with other devices using the laternat. It's an unavoidable part of using smart devices, but it does expose you to numerous raiss.
Artackers could use the internet connection to stool your data for identify fraud or to make smartharized gurchasse through your devices. There is seen potential for more sinister exploitation, such as child grooming or other believe.



#### WHAT IS THE INTERNET OF THINGS?

This is the begin given to all the Sevieux connected to the lebenet in your himse. It is cludes a new digital discipality connected by your member places, you to kell the that helis when you tell it to an your tablet or your heating that comes on when you respect to your heating that comes on when you respect to your member to take. The lebenet of histograph of make the secur, but it also opens up your home extensity to potential cyber-attacts. It shown it make not secur, but it also opens up your home extensity to potential cyber-attacts. It shown it mean you can't arings the herefits, but it was extensity to potential cyber-attacts.



r the Internet, It is narrier to read if it's ok to use a strong



#### KEEP YOUR SOFTWARE UP TO DATE

Manufactures constantly update and improve software used in smart devices. Some will automatically alert you've an update, but not all de. To be on the safe side, it's a good idea to se reminders in your calendar. Check the manufacturer's webuits for any updates and run them discessary.



## RENAME THE 'GATEWAY' TO YOUR HOME

Four internet maker is the unitual galaway to your have noticed. If needs protecting, To do this, you should change the default name one \$500) and password. You can equally find steps to do the in the instruction manual. Our it may peur family name. Choose surrediting more peur family name. Choose surrediting more obscure. Make the password complicated too, wang apper and lakes some letters.

symmets. Do this for your naster and any other smart devices unencifed to be interest.



## 12 Top Tips To (et Smart About The

# DEVICES In Your Home







#### USE A SEPARATE NETWORK FOR GUESTS

If your router has a feature that allows you to set up a separate network for quests, you should use it. That way, when quests use your Wi-Fi, they won't have access to your devices."



## TRUST YOUR

If you ever fed something is arrively in your notwerk is being usplicited. Wall the manufacturer's wall to or ring their fectorical support department. It's server to self the every



#### GOODBYE TO SIRI AND ALEXA

It's a provides to charge the activetor or and a ser your ament the time on they are unique to your they are unique to your and your femile. This makes if that once hearts too people to break too.



Though it's a fun idea, you probably don't need to control your kettle from outside the house. In fact, there are often many unnecessary features included on smart devices. Where possible, you should look to duable these. Doing so reduces the ability for people to hack your devices. Whee someone sees you've actively taken steps to increase security, they're less





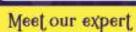
#### **BUILD A WALL**

You could also perchase a dedicated "finewal" device. This is something that plogs into your network and stope cyber threats reaching your neuter. Some routers do have a finewall element included, but they are no replacement for the real thing. A finewall device thoroughly analyses information conting in and out of your network and helps stop malicious attacks. A security device is strongly recommended to anyone who works from home or deals with sensitive information.



#### SECURE YOUR SMARTPHONE

If you do use apprion your amortphone to control devices in your hieres, make one your smartphone is secure. At the very load makes are the pin function is enabled, as well as any bismetric authortication you have. Where possible, it's also a good idea to download some anti-virus software for your smartphone toe.



Emma was a secondary school Computer Science teacher for more than decade. Since leaving education, she has been working in a cyber security firm delivering cyber awareness training to businesses and carrying out network testing. She is a mother of a five-year-old and has vari experience of controlling and managing how children access online services and use apps.





## REGULARLY AUDIT YOUR DEVICES AND CONSOLES

Every new and then you should check through all of your smart destice in dusting games consides connected to the internet. Turn them off at the matrix and disconnect then from the internet, in fact, it's good practice to disconnect any destices that associate in one. It's a small thing but really does help. Even when you think a device might be an alway made, if it's connected to the internet it amid all it is but really in a series of the internet.

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