

# Beechwood Primary Academy

## Weekly Newsletter

"Living, learning and thriving"



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Please follow us on the Discovery Multi Academy Trust Facebook page

### 17th July 2020



**Beechwood Primary Academy** recognised for  
its commitment to helping pupils stay safe online

***Beechwood Primary Academy is now a  
National Online Safety Certified School!***

**Beechwood Primary Academy** has successfully completed a comprehensive online safety training programme demonstrating its commitment to keeping children and young people safe online. We have received a National Online Safety Certified nity approach to protecting children in the

James Southworth, co-founder at National at **Beechwood Primary Academy** on be- By completing our training programme, implementing an effective whole school approach to online safety."



School Accreditation for its whole school commu- online world.

Online Safety, said: "Congratulations to everyone coming a National Online Safety Certified School. the school has shown its strong commitment to

The Certified Schools Accreditation responds to current DfE statutory policy around online safety, including the revised 'Keeping Children Safe in Education' guidance, which came into effect on 2nd September 2019. Staff and Parents at Beechwood have engaged with the package which includes award-winning online safety e-learning, resources and updates for the whole school community, including Designated Safeguarding Leads, SENCos, all school staff and governors, pupils and parents/carers.

Beechwood Primary Academy would like to extend our thanks to Children, Teachers, Staff and Parents/Carers from the Beechwood Community who have engaged with our journey to accreditation sharing our continual commitment to keeping children safe. Resources are still available and Parents/Carers are still able to join/ access the vast amount of resources using this link:

<http://nationalonlinesafety.com/enrol/beechwood-primary-school-pl6-6dx>

You need to visit to register your account You will need to complete your details and select "I am a: Parent/ Carer" from the dropdown. Once registered, you will be able to access a vast amount of online webinars and resources to support children being safe online and the use of many leading apps such as Facebook, Tiktok and much, much more.



As Head of School I would like to say a great big thank you to all our parents and carers for their overwhelming support again this year. As we close this most unusual school year, I would like to thank our parents and carers for their support during this crisis. Our children will return refreshed in September ready to learn. Year 6, we wish you every success in your future educational career.

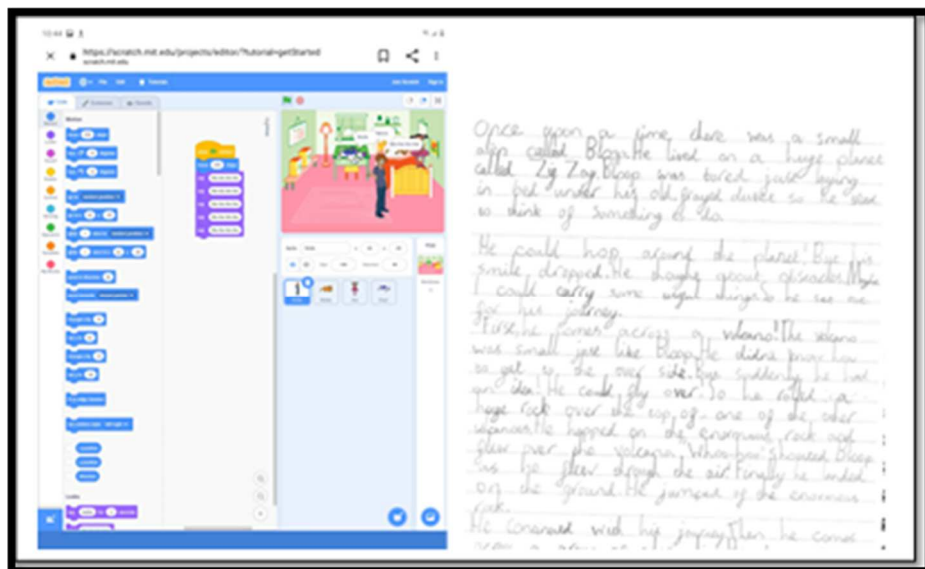
The last day of term is today **Friday 17th July** and we look forward to seeing you back in school on **Monday 7th September**.

***Finally we wish you all a very happy, safe and healthy summer holiday!***

# ESchool and life at home ...



Zakk C made some lockdown memory pictures at home with the hand prints of each of his family members.



Amber H practicing writing a new Scratch game

Ellie S's independent write



Zofia Z (Yr 1): Science, rock pool research.



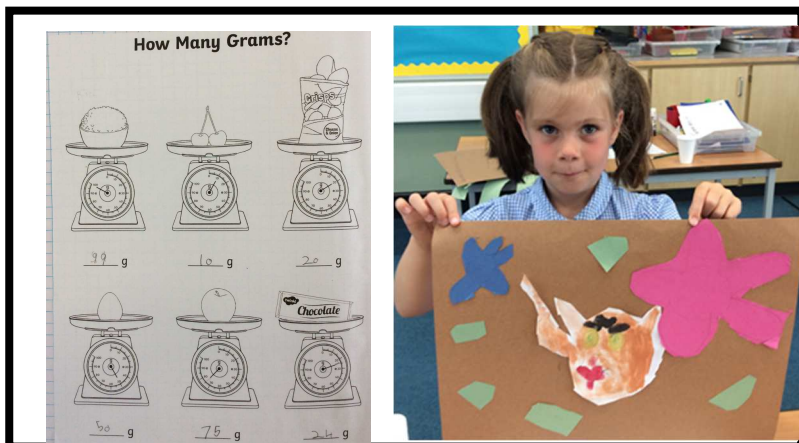
**Lockdown Legends! Thank you for your hard work on Eschools**



Nursery Mrs White **Babbage Class**  
 Reception Mrs McCarthy **Lovelace Class**  
 Reception Miss Wye and Mrs McIntyre **Aristotle Class**  
 Year 1 – Miss Durber **Plato Class**  
 Year 1 – Mrs Francis **Archimedes Class**  
 Year 2 Mrs Gruzka **Pascal Class**  
 Year 2 Miss Humphries **Nash Class**  
 Year 3 Miss Hemelik **Carroll Class**  
 Year 3 Miss Mott – **Johnson Class**  
 Year 4 Mr Harris – **Pythagoras**  
 Year 4 Ms McChray – **Boole Class**  
 Year 5 Miss Irvine **Venn Class**  
 Year 5 Mrs Bailey – **Kelvin Class**  
 Year 6 Miss Mole – **Turing Class**  
 Year 6 Miss Law – **Tao Class**

Adam T  
 Lily C  
 Lily M  
 Vinnie S  
 Zofia Z  
 Ruby C  
 Luna H  
 Sarah C  
 Freddie P  
 Scarlett G and Isabelle E  
 Oribim A  
 Amelia W  
 Jacob W  
 Sonny E  
 Jack E

## ...meanwhile, in School and with Educare:



Izabela (Yr 2) – Mass in Maths.

Esmae H (Yr 1) – Art in the style of Rousseau – The tiger in a tropical storm.



Mia T's work on angles in maths

Izzy E writing on Greek Gods



Maya D

The children were digging for treasure and made a collection of the colourful rocks they had found.



We did not have any suggestions in the ideas and suggestions box this week.



*Have a great break  
Mrs Evans - Head of School*



## Eating disorders. Know the first signs?



### Online support

Visit [beateatingdisorders.org.uk](http://beateatingdisorders.org.uk) for information about eating disorders, and to access online support groups and one-to-one that use the [helpdesk.beateatingdisorders.org.uk](http://helpdesk.beateatingdisorders.org.uk) to find services in your area.

WhatsApp Support  
@BeatEDSupport  
beat.eatingdisorders

Beat is the UK's eating disorder charity. We are a champion, guide and friend for anyone affected by an eating disorder.

EATING DISORDERS SUPPORT SERVICE	CONTACT
Beacon Partnership Trust Adult Community Eating Disorder Service (CEDS)	01902 286713 open-to-Community@beaconpartnershiptrust.nhs.uk
Children and Family Health Devon Eating Disorders Service	0330 0245 321 TSDFT.Devon@nhs.uk
Fyness Health CAMHS - Eating Disorder Pathway	01752 435125
Eating Disorder Service Plymouth (adults)	01752 328827

### Useful links

[www.what3words.uk/popular-topics/mental-health/mental-health-and-wellbeing](http://www.what3words.uk/popular-topics/mental-health/mental-health-and-wellbeing)  
[www.yourmind.org.uk/lived-help/feelings-and-symptoms/eating-problems](http://www.yourmind.org.uk/lived-help/feelings-and-symptoms/eating-problems)  
[www.foodtrapped.co.uk/food-trapped](http://www.foodtrapped.co.uk/food-trapped)

In this time of social distancing and lockdown, sometimes things can feel hard to manage. Most of our children and young people will need more time to talk than they usually might. Give them time to talk about their worries and concerns, both for themselves and for those they love. For a few children, during this time of uncertainty, they may seek to focus on aspects of their lives that they can control. For some children this may relate to food. Here are some signs to look out for. If you have any concerns regarding your child's health, it is important to seek help and professional advice. Please don't hesitate to contact the healthcare professionals listed on the attached leaflet who are there to support you and guide you to the most appropriate care.

## BREAKFAST CLUB - BOOKING ONLY

From September, there will be a change to the way that Breakfast Club runs at Beechwood.

In order to maintain the updated government guidance and keep your children safe, we need to know how many children will be in Breakfast Club before the morning to ensure that they are safely provided for.

We will require from September that all breakfast club spaces are booked in advance via the Parent Pay system, as per the letter sent out this week. Please use the booking form on Parent Pay. You will need to pay for the breakfast club place at the point of booking to secure your place.

Children who are not booked in will be unable to attend that day. Thank you.



## MEDICINE AND INHALERS

Please remember that all medicines and inhalers will require a new form to be completed in September. Thank you.



## WEBSITE

Please see our website for Social Distancing instructions and school entrance details in preparation for returning to school in September. Thank you.



## THIS WEEK'S BIRTHDAYS

EYFS / KS1 KS2

Lillie F Leland S  
Liam B  
Scarlett G  
Sonny E

**Happy Birthday!**



**DINNER MENU FOR THE AUTUMN TERM** - This will be emailed out and put on the school website

## ed's AWESOME LUNCHTIME MENU

**WEEK 1**  
31<sup>st</sup> AUG | 28<sup>th</sup> SEP | 12<sup>th</sup> OCT | 9<sup>th</sup> NOV | 30<sup>th</sup> NOV  
4<sup>th</sup> JAN 2021 | 25<sup>th</sup> JAN | 8<sup>th</sup> MAR | 29<sup>th</sup> MAR

CHOICE 01	ALL AMERICAN MONDAY	CHOICE 02
All American beef burger served with seasoned wedges H/V PUDDING: Lemon cake or fresh fruit & yoghurt	Texas BBQ Chicken Fillet served with seasoned wedges H/V PUDDING: Lemon cake or fresh fruit & yoghurt	Moroccan balls in tomato sauce served with pasta H/V PUDDING: Fruit & yoghurt
Homemade pizzas - cheese & tomato, pepperoni or meat feast with seasoned diced potatoes H/V PUDDING: Fruit & yoghurt	Spaghetti bolognese served with garlic bread H/V PUDDING: Savoury cornbread muffin H or fresh fruit & yoghurt	Vegetable burger with seasoned wedges H/V PUDDING: Fruit & yoghurt
Roast chicken served with roast potatoes and gravy H/V PUDDING: Fruit & yoghurt	Local pollock coated in breadcrumb served with chips or pasta H/V PUDDING: Lemon drizzle cake H or fresh fruit & yoghurt	Courgette sausages served with chips or pasta H/V PUDDING: Lemon drizzle cake H or fresh fruit & yoghurt

**WEEK 2**  
7<sup>th</sup> SEP | 26<sup>th</sup> SEP | 10<sup>th</sup> OCT | 16<sup>th</sup> NOV | 7<sup>th</sup> DEC  
11<sup>th</sup> JAN 2021 | 1<sup>st</sup> FEB | 22<sup>nd</sup> FEB | 15<sup>th</sup> MAR

CHOICE 01	ALL AMERICAN MONDAY	CHOICE 02
Southern style crispy chicken strips with seasoned wedges H/V PUDDING: Lemon cake or fresh fruit & yoghurt	Mac 'n' cheese served with garlic bread H/V PUDDING: Lemon cake or fresh fruit & yoghurt	Vegetable and cheese fajitas H/V PUDDING: Fruit & yoghurt or fresh fruit & yoghurt
Homemade meatballs served in tomato sauce with pasta H/V PUDDING: Fruit & yoghurt	All day breakfast PUDDING: Grated cheese & homemade savoury breads or fresh fruit & yoghurt	Vegetable burger with seasoned wedges H/V PUDDING: Fruit & yoghurt
Roast beef served with Yorkshire pudding, roast potatoes and gravy H/V PUDDING: Fruit & yoghurt	Roast chicken served with roast potatoes and gravy H/V PUDDING: Fruit & yoghurt	French bread pizza H/V PUDDING: Fruit & yoghurt or fresh fruit & yoghurt
Local fish fingers served with chips or pasta H/V PUDDING: Lemon drizzle cake H or fresh fruit & yoghurt	Homemade veggie sausage roll served with chips or pasta H/V PUDDING: Victoria sponge H or fresh fruit & yoghurt	Vegetable crumble served with roast potatoes and gravy H/V PUDDING: Cheesecake pudding H or fresh fruit & yoghurt

**WEEK 3**  
14<sup>th</sup> SEP | 5<sup>th</sup> OCT | 2<sup>nd</sup> NOV | 23<sup>rd</sup> NOV | 14<sup>th</sup> DEC  
18<sup>th</sup> JAN 2021 | 8<sup>th</sup> FEB | 1<sup>st</sup> MAR | 22<sup>nd</sup> MAR

CHOICE 01	ALL AMERICAN MONDAY	CHOICE 02
New York hotdog with crispy onions and herby diced potatoes H/V PUDDING: Lemon cake or fresh fruit & yoghurt	5 bean chilli served with rice H/V PUDDING: Lemon cake or fresh fruit & yoghurt	5 bean chilli served with rice H/V PUDDING: Lemon cake or fresh fruit & yoghurt
Cheese wheels served with seasoned wedges H/V PUDDING: Fruit & yoghurt	BBQ chicken fillet served with savoury rice H/V PUDDING: Fruit & yoghurt or fresh fruit & yoghurt	Vegetable burger with seasoned wedges H/V PUDDING: Fruit & yoghurt
Roast gammon served with roast potatoes and gravy H/V PUDDING: Cheesecake pudding H or fresh fruit & yoghurt	Breaded fish fillet served with chips or pasta H/V PUDDING: Scrambled eggs & jam H or fresh fruit & yoghurt	Vegetable crumble served with roast potatoes and gravy H/V PUDDING: Cheesecake pudding H or fresh fruit & yoghurt

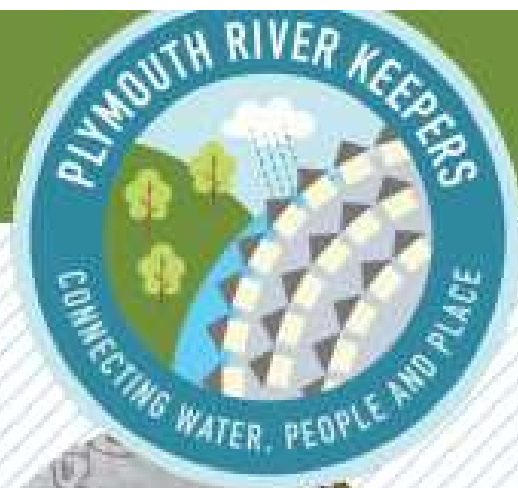
**CAT'S CORNER**  
What is the fastest bus?  
You bet, it's gone!

**ED'S REGULARS**  
Jacket Potatoes with Beans / Cheese / Tuna Mayonnaise & Coleslaw  
Fresh Salad Bar  
Sandwiches Available on request  
**AVAILABLE DAILY**

**DID YOU KNOW?**  
You can have mixed or new potatoes instead of potatoes!

Let the streams and waterways  
where you live inspire  
your artwork in our

# BIG PLYMOUTH RIVER MAP CHALLENGE



We want to help the fish and other creatures that live in, or next to, the streams at the bottom of your gardens or ends of your roads.

We'd love you to take up our  
Big Plymouth River Map Challenge  
this summer and draw, paint or make a collage of your special stream.  
You could do this by looking out of your windows, over your fence or by  
taking a walk with a parent or guardian.

Simply write the nearest street name and the area on your 'map',  
as well as your name and your age.  
You could also ask a grown-up if they have any memories of the stream,  
maybe from when they were young, and write these on the back.

Take a photo of your artwork and any stories and email  
them to [jenny@wrt.org.uk](mailto:jenny@wrt.org.uk) by 31 August 2020.

Or pop them in an envelope and send to Jenny Wytcherley, Rain-Charm House,  
Kyl Cober Parc, Stoke Climsland, Callington, Cornwall, PL17 8PH.

We will share entries in an online exhibition and on our social media, and some of them may  
be chosen to be part of a bigger design project with the whole community.  
We will also use the information you put on your artwork to decide which places need help in  
making the water cleaner and the streams better places for fish to live in.

