

# COVID-19 ABSENCE

A quick guide for parents / carers



WHAT TO DO IF...	ACTION NEEDED	BACK TO SCHOOL...
<b>...my child has COVID 19 (coronavirus) symptoms*</b>	<ul style="list-style-type: none"><li>■ Child shouldn't attend school</li><li>■ Child should get a test</li><li>■ Whole household self-isolates while waiting for test result</li><li>■ Inform school immediately about test results</li></ul>	<b>...when child's test comes back negative</b>
<b>...my child tests positive for COVID-19 (coronavirus)</b>	<ul style="list-style-type: none"><li>■ Child shouldn't attend school</li><li>■ Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li><li>■ Inform school immediately about test results</li><li>■ Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li></ul>	<b>...when child feels better, and has been without a fever for at least 48 hours</b>  They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
<b>...somebody in my household has COVID-19 (coronavirus) symptoms*</b>	<ul style="list-style-type: none"><li>■ Child shouldn't attend school</li><li>■ Household member with symptoms should get a test</li><li>■ Whole household self-isolates while waiting for test result</li><li>■ Inform school immediately about test results</li></ul>	<b>...when household member test is negative, and child does not have COVID-19 symptoms*</b>
<b>...somebody in my household has tested positive for COVID-19 (coronavirus)</b>	<ul style="list-style-type: none"><li>■ Child shouldn't attend school</li><li>■ Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li></ul>	<b>...when child has completed 14 days of self-isolation, even if they test negative during the 14 days</b>

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at [www.nhs.uk/conditions/coronavirus-covid-19/symptoms/](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)

WHAT TO DO IF...	ACTION NEEDED	BACK TO SCHOOL...
...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)	<ul style="list-style-type: none"> <li>■ Child shouldn't attend school</li> <li>■ Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days</li> <li>■ Rest of household does not need to self-isolate, unless they are a 'close contact' too</li> </ul>	...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days
...we / my child has travelled and has to self-isolate as part of a period of quarantine	<ul style="list-style-type: none"> <li>■ Do not take unauthorised leave in term time</li> <li>■ Consider quarantine requirements and FCO advice when booking travel</li> <li>■ Provide information to school as per attendance policy</li> </ul> <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> <li>■ Child shouldn't attend school</li> <li>■ Whole household self-isolates for 14 days – even if they test negative during those 14 days</li> </ul>	...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days
...we have received advice from a medical / official source that my child must resume shielding	<ul style="list-style-type: none"> <li>■ Child shouldn't attend school</li> <li>■ Contact school as advised by attendance officer / pastoral team</li> <li>■ Child should shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	...when school / other agencies inform you that restrictions have been lifted and your child can return to school again
...I am not sure who should get a test for COVID -19 (coronavirus)	<ul style="list-style-type: none"> <li>■ Only people with symptoms* need to get a test</li> <li>■ People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive</li> </ul>	...when conditions above, as matching your situation, are met

For further information visit:  
[www.plymouth.gov.uk/covid-19](http://www.plymouth.gov.uk/covid-19)

